

Get everything you need to lose weight and keep it off for free,* with Real Appeal.SM

Thank you for being a UnitedHealthcare[®] member. We are excited to offer Real Appeal, a free* digital weight loss program. Spark your transformation by signing up today at success.realappeal.com.



On average, most participants lose 10 pounds after attending just 4 online classes.



Enroll in this free* weight loss program at success.realappeal.com.

*The Real Appeal program is provided at no additional cost to you as part of your benefit plan.

**Real
Appeal**

 **UnitedHealthcare**

Real People. Real Results. Real Appeal.

Enroll in this free*
weight loss program at
success.realappeal.com.

Real Appeal is a voluntary weight loss program that is offered to eligible participants as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Any items/tools that are provided may be taxable and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program. Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates. [Facebook.com/UnitedHealthcare](https://www.facebook.com/UnitedHealthcare) [Twitter.com/UHC](https://www.twitter.com/UHC) [Instagram.com/UnitedHealthcare](https://www.instagram.com/UnitedHealthcare) [YouTube.com/UnitedHealthcare](https://www.youtube.com/UnitedHealthcare)

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Dave L.
Age 47

"I'm stronger. I have a lot more energy. Thank you, Real Appeal."



Tashawna O.
Age 37

"This is no diet — this is not a gimmick. I feel great!"

**Real
Appeal**

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