

Health Savings Account (HSA)

Qualified Expenses



Use an HSA to pay for hundreds of health care treatments and services.

A health savings account (HSA) can be used to pay for many covered health care services for yourself, your spouse and even tax dependents. It can also be used to pay for many other health care services and items that may not be covered by your health plan, as long as they qualify.

- Acupuncture
- Alcoholism treatment
- Ambulance
- Artificial limbs
- Artificial teeth
- Blood sugar test kits for diabetics
- Breast pumps and lactation aids
- Chiropractor
- Contact lenses and solutions
- Crutches
- Dental treatments including X-rays, cleanings, fillings, braces and tooth removals
- Doctor's office visits and procedures
- Drug addiction treatment
- Drug prescriptions
- Eyeglasses and vision exams
- Fertility treatment
- Health plan deductibles and copayments
- Health plan premiums for COBRA plans, long-term care insurance and health continuation insurance while receiving unemployment benefits
- Hearing aids and batteries
- Hospital services
- Insulin
- Laboratory fees
- Laser eye surgery
- Long-term care services (limited)
- Physical therapy
- Psychiatric care if the expense is for mental health care provided by a psychiatrist, psychologist or other licensed professional
- Special education for learning disabilities
- Speech therapy
- Stop-smoking programs including nicotine gum or patches
- Surgery, excluding cosmetic surgery
- Vasectomy
- Walker
- Weight-loss program if it is a treatment for a specific disease diagnosed by a physician
- Wheelchair

This is not a complete list.

The Internal Revenue Service (IRS) decides which expenses can be paid from an HSA and can change the list at any time.



Visit [IRS.gov](https://www.irs.gov) for more information on HSAs and qualified expenses.

You cannot use an HSA to buy the following health care services and items.

- Costs or expenses reimbursed from another source, such as health coverage or a flexible spending account
- Cosmetic surgery
- Diaper service
- Electrolysis or hair removal
- Health club dues
- Household help
- Maternity clothes
- Nutritional supplements, such as multi-vitamins, for general good health
- Over-the-counter medicines not prescribed by a doctor
- Personal use items, such as toothbrush, toothpaste, etc.
- Swimming lessons
- Teeth whitening



Know the penalty.

If an HSA is used to pay for care or services that is not a “qualified medical expense,” you will have to pay a 20 percent penalty, plus taxes on the money spent. For example, if the expense was \$100, the penalty would be another \$20, plus taxes. This penalty does not apply if you are 65 or older.



For more information

If you have a health plan with an HSA, visit myuhc.com[®] to see your coverage details. You can also call Customer Care using the phone number listed on the back of your health plan ID card.



Keep your receipts.

Keep all records of your medical expenses in case of an IRS audit. That way, you can prove that your HSA was used for qualified expenses.



What does that mean?

Do you find health care and insurance terms confusing? Go to justplainclear.com for easy-to-understand definitions (English and Spanish).